



Südtiroler Archäologiemuseum  
Museo Archeologico dell'Alto Adige  
South Tyrol Museum of Archaeology



Landesmuseen Südtirol  
Musei provinciali Alto Adige  
Museums provinciai

## Media information

Bolzano, October 17, 2024

**Press photos and text download:** [www.iceman.it/en/press-area/press-releases/](http://www.iceman.it/en/press-area/press-releases/)

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## Count down for “PAST FOOD – 15,000 years of nutrition”

**Last days to see the exhibition: 3 July 2025**

The South Tyrol Museum of Archaeology's special exhibition “**PAST FOOD – 15,000 years of nutrition**” will be open to visitors for two more weeks, until Sunday, November 3<sup>rd</sup>. The exhibition provides compelling information about what our ancestors ate and what foods they knew about in different eras. Afterwards, starting on November 23<sup>rd</sup>, a new area will be opening for one year called THE LOFT. This is a space where museum visitors can relax and learn how living in South Tyrol has changed through the millennia.

Many foods that we take for granted today, such as wheat, pork, chicken, apples, and lemons, were brought to Central Europe over the course of millennia. Farmers who immigrated to Central Europe from the Fertile Crescent between Türkiye and the Arabian Peninsula gradually brought new varieties of fruits and vegetables as well as grains and legumes with them.

Still, the tables of our ancestors were also richly laden with foods that are less well known today. The special exhibition reveals which foods our ancestors found, collected, and grew in the Alpine region and what they cooked in their pots during meals. The exhibition is interactive: in addition to captivatingly presented information, there is a lot to see and touch, which makes it ideal for families with children.

More information about the special exhibition can be found here: <https://www.iceman.it/en/past-food/>

## **THE LOFT**

To feel at home – today and yesterday

### **Housing over the course of millennia**

There is a world of difference between having a protective roof over one's head and relaxing comfortably on a living room couch – and it was a long time before nomadic dwellings developed into places where people feel at home.

In **THE LOFT** we present several types of shelters that have been reconstructed using archaeology, ranging from the Mesolithic to the Roman Era, and compare them with modern living conditions.

### **Feeling at home**

Comfortable seating in **THE LOFT** invites you to relax after your museum visit, chat, do nothing, or be inspired by interactive stations about life in the past. Feel at home in THE LOFT!

open Tuesday – Sunday 10am – 6 pm. Last entry: 5:30 pm

### **Photos:**

Temporary exhibition PAST FOOD – 15,000 years of nutrition © South Tyrol Museum of Archaeology / Marion Lafogler

other images see: <https://www.iceman.it/it/stampa-media?activeTab=tab-2>

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### **Press office and interviews**

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